

Weekly Salah Tracker

Check off each prayer: O = on time L = late Q = qada (made up)

hayyapp.com

Week of: _____ Intention (niyyah) for this week: _____

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Fajr	☐	☐	☐	☐	☐	☐	☐
Dhuhr	☐	☐	☐	☐	☐	☐	☐
Asr	☐	☐	☐	☐	☐	☐	☐
Maghrib	☐	☐	☐	☐	☐	☐	☐
Isha	☐	☐	☐	☐	☐	☐	☐

End of week reflection (muhasabah)

Which prayer was hardest this week, and why? _____

One small change for next week: _____

On-time count: ____ / 35 Best day: _____

"The most beloved deeds to Allah are the most consistent, even if small."

Want reminders, streaks with mercy, and automatic tracking? Hayya is free on the App Store — hayyapp.com